

## EXPOSURE CONTROL – EMPLOYEE REGULATIONS

Universal precautions shall be practiced by all school employees to eliminate or minimize exposure to human blood or other potentially infectious materials.

All human blood and other potentially infectious materials shall be treated as if known to be infectious, regardless of the perceived status of the source individual.

Employee Training – Information regarding this policy and regulation shall be provided to all school employees at the time of initial employment.

1. Hand washing: Wash hands before and after each student contact with warm water and soap and immediately after gloves are removed. In an emergency situation, if gloves are not available, wash hands and other skin surfaces immediately and thoroughly if contaminated with blood or other body fluids.
2. Non-latex Gloves: Wear gloves for touching blood or other body fluids, mucous membranes or non-intact skin, and for handling items or surfaces soiled with blood or body fluids. Wear gloves if hands are chapped or have cuts or abrasions on them. Change gloves after contact with each student. Any surfaces or instruments exposed to blood or other body fluids are to be cleaned with soap and water, then disinfected with:
  - A. A solution of 1:10 house hold bleach and water, prepared fresh daily, or
  - B. E.P.A. approved disinfectant cleaner
3. Disposal
  - A. Supplies used when providing daily first aid or personal care should be placed in a plastic lined trash can.
  - B. Any materials heavily soiled with blood products or other body fluids should be placed in a plastic bag, closed and disposed of in a second plastic bag, which is immediately sealed and taken out to the regular trash pick-up site.
  - C. Blood and other body fluids may be carefully poured down a drain connected to a sewer system.
4. Containers for Sharps: All contaminated sharps (including needles, syringes, lancets, etc.) shall be discarded in puncture resistant, leak proof containers, which are labeled with the biohazard warning. Filled containers will be sealed and collected by the District Health Office. Operational Services personnel will make arrangements for proper disposal.
5. Work Area Restrictions: Sink and work stations for food preparation must be separate from personal hygiene care areas.

## EXPOSURE CONTROL – STUDENT REGULATIONS

Universal precautions shall be practiced by all students to eliminate or minimize exposure to human blood or other potentially infectious materials. If possible, do not handle blood and other body fluids. All human blood and other potentially infectious materials shall be treated as if known to be infectious, regardless of the perceived status of the source individual.

1. Hand washing: Wash hands with warm water and soap after exposure to contamination.
2. Any surfaces or instruments exposed to blood or other body fluids are to be cleaned using approved procedures by custodial staff.
3. Use of personal items: Students should be discouraged from using each other's personal items.
4. Containers for Sharps: All contaminated sharps (including needles, syringes, lancets, etc.) shall be discarded in puncture resistant, leak proof containers, which are labeled with the biohazard warning. Filled containers will be sealed and collected by the District health Office. Operational Services personnel will make arrangements for proper disposal.
5. Work area restrictions: Sink and work stations for food preparation must be separated from personal hygiene care areas.
6. Laundry Procedures: Student's personal clothing items replaced because they are soiled with urine, feces, vomit, etc., shall be handled using universal precautions. Soiled clothing shall be bagged and sent home with the student for home care.
7. Athletics:
  - A. Non-latex gloves are to be worn when working with athletes in any situation that may involve contact with any form of human body fluids.
  - B. Athletes who have open sores or wounds must wear a protective cover to guard against transfer of blood or body fluids from person to person.
  - C. Athletes are to be provided individual drinking containers during practices and athletic events.

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