

TREATS

The school district will host a safe and healthy environment for all students by elimination of shared food. Students may not bring food or snacks to pass out to classmates. Students may bring their own personal snack for milk break at the elementary buildings and for holiday parties, specifically Halloween, Christmas and Valentine's Day. The school district encourages healthy choices for any snack sent to school.

An individual student treat that is allergy-safe and containing fewer than 25 calories may be utilized by a classroom teacher if allowed by the building principal. Food allergy concerns and overall student health and wellness are the priority. (Second Chance Breakfast, snack and personal snacks allowed.)

Suggested healthy treats are listed below:

Cheese Stick	Yogurt
Fresh Fruit	Fruit Cups
Popcorn	Pretzels
Dry Cereal	Fruit Bars
Cereal Bars	