## Brandon Valley School District Distance Learning Plan August 24-28, 2020

Kindergarten Counselor



## **Brandon Valley School District Distance Learning Plan**

LESSON/UNIT: Week 1 SUBJECT/GRADE: Counselor/Kindergarten DATES: August 24-28, 2020

What do students need to do?  Link to BV Counseling instructional video.	Monday:
	<ul> <li>Watch the Counseling instructional video (link can be found in the upper left corner of this document).</li> </ul>
	Meet the Counselor
	<ul> <li>Introduction of counselors and what their roles are</li> </ul>
	<ul> <li>Explanation of how a counselor would look with a mask and/or shield</li> </ul>
	<ul> <li>Explanation of expectations of raising hands</li> </ul>
	Tuesday:
	Meet the School Counselor
	Reteach and give more extension explanation
	Wednesday:
	Expectations: Blurting and Raising Hands
	O Discuss and show examples of expectations
	Thursday:
	Feelings and Mindfulness
	Introduce feelings and mindfulness with visuals of faces
	O Take three minutes to color or draw while practicing mindful breathing
	O Introduce what a check-in for feelings is
	Friday:
	Feelings
	O Complete a check-in for feelings
	O Discuss again what feelings and mindfulness are
	Role play different feelings

What do students need to submit?
How can students submit their work?

Submit the Following:

1. Nothing to submit

Submit Work Via:

1. Electronically via <u>Seesaw</u> (preferred, if possible)

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	2. Email it to the teacher
	3. Drop off at school
What standards do the	ASCA Standards: M 1.; M 2.; M 4.; M 5.; M 7.; B-PF- 1.; B-PF 4.; B-PF 6.; B-PF 9.; B-SS 1.; B-SS
lessons cover?	6.; B-PA 1.; B-PA 4.
What materials do	
students need?	Required Materials:
What extra resources	Monday: None
can students use?	Tuesday: None
	Wednesday: None
	Thursday: Paper and crayons/markers/any writing utensil
	Friday: None
	Extra Resources:
	Monday: Scarecrow or Mr. Potatohead
	Tuesday: None
	Wednesday: None
	Thursday: None
	Friday: None
What can students do if they finish early?	Typing Club Jungle Junior <a href="https://www.typingclub.com/login.html">https://www.typingclub.com/login.html</a>
Who can we contact if	Brandon Elementary
we have questions?	Building Principal: Mr. Horst- Merle.Horst@k12.sd.us
·	Counselor: Ms. Kolb- Vickie.Kolb@k12.sd.us
	Robert Bennis Elementary
	Building Principal: Ms. Hofkamp- Kristin.Hofkamp@k12.sd.us
	Counselor: Ms. Osheim- Tammy.Osheim@k12.sd.us
	Fred Assam Elementary
	Building Principal: Ms. Foster- Susan.Foster@k12.sd.us
	Counselor: Ms. Nelson- Angie.Nelson@k12.sd.us
	Valley Springs Elementary
	Building Principal: Ms. Palmer- Tanya.Palmer@k12.sd.us
	Counselor: Ms. Palmer- <u>Tanya.Palmer@k12.sd.us</u>
Notes:	

Instructional materials are posted below (if applicable)

Brandon Valley School District