

Brandon Valley School District
District Learning Plans
April 13-17, 2020

EC - 2nd Grade
Encore



Brandon Valley School District Distance Learning Plan

SUBJECT/GRADES: Encore / EC - Grade 2

DATES: April 13-17, 2020



<p>What do students need to do?</p> <p><u>Link to an important PE video message</u> <u>Link to PE instructional video</u></p> <p><u>Link to an important Music video message</u> <u>Link to Music instructional video</u></p> <p><u>Link to an important Counselor video message</u> <u>Link to Counselor instructional video</u></p> <p><u>Link to an important Art video message</u> <u>Link to Art instructional video</u></p>	<p>Monday (4/13): NO SCHOOL</p> <p>Tuesday (4/14): Music</p> <ul style="list-style-type: none"> ● Listening BINGO activity (15 min) <p>Wednesday (4/15): Counselor</p> <ul style="list-style-type: none"> ● Growth Mindset: Mindfulness and Deep Breathing <p>Thursday (4/16): Art</p> <ul style="list-style-type: none"> ● Not a Box <p>Friday (4/17): PE</p> <ul style="list-style-type: none"> ● Fitness Friday <ul style="list-style-type: none"> ○ Warm-Up (2-3min): Jump Rope Tricks ○ Activity (8-10 min): Exercise Challenges ○ Cool Down (2-3min): Go for a walk outside with a parent/guardian
<p>What do students need to bring back to school?</p>	<p>Students are not required to submit evidence of completion; however, (if they wish) they may submit participation photos to their Encore teachers.</p>
<p>What standards do the lessons cover?</p>	<p>PE: 1: Motor Skills and Movement Patterns, 3: Enhance level of physical activity and fitness, 5: Recognizes physical activity for enjoyment, challenge, self-expression and social interaction</p> <p>Music: K-12.Pr.4 Analyze, interpret, and select artistic works for presentation, K-12.Cn.11 Relate artistic ideas and works</p> <p>Art: PK.VA:Cr.1.1 Engage in self- directed creative making that tells a story about a familiar place or object. K.VA.Re.8.1.a. Describe what an image represents. 1.VA.Cn.10.1.a Create art that tells a story or expresses a mood about a life experience 2.VA.Cn.10.1.a Create art that tells a story or expresses a mood about events in home, school or community life.</p> <p>Counselor: ASCA Standards Alignment: Behavior: Self-Management Skills: Demonstrate effective coping skills when faced with a problem</p>

<p>What materials do students need? What extra resources can students use?</p>	<p>Necessary Materials:</p> <ul style="list-style-type: none"> ● PE: Jump Rope, Timer and a Positive Attitude ● Music: Writing utensil, BINGO card (attached PDF) ● Art: Paper, pencil and something to color with (crayons, markers, or colored pencils) ● Counselor: Growth Mindset and your imagination <p>Extra Resources:</p> <ul style="list-style-type: none"> ● PE: At Home Activities - https://openphysed.org/wp-content/uploads/2018/09/ActiveHome_ActivityPacket.pdf ● Music: Guess the Sound GAME https://www.youtube.com/watch?v=n1m4h79JZso ● Art: Art for Kids Hub- https://www.youtube.com/user/ArtforKidsHub ● Counselor: https://youtu.be/Gj_bt2IHlo
<p>What can students do if they finish early?</p>	<p>PE:</p> <ul style="list-style-type: none"> ● Cosmic Kids Yoga - https://www.cosmickids.com/ ● Home Activities - https://wideopenschool.org/ ● Move to Learn - https://www.youtube.com/channel/UCuPUdEctalgaEexj3ZFjkiQ <p>Music:</p> <ul style="list-style-type: none"> ● BV ECH-4 COVID-19 Music Extras Site: https://sites.google.com/k12.sd.us/bvmusick4/home <p>Art:</p> <ul style="list-style-type: none"> ● Art for Kids Hub- https://www.youtube.com/user/ArtforKidsHub ● Cassie Stephens- https://www.youtube.com/channel/UCdEo82iK2IzwMqCxBuQmmrQ/featured <p>Counselor: https://www.youtube.com/watch?v=wf5K3pP2IUQ</p>
<p>Who can we contact if we have questions?</p>	<p><u>Brandon Elementary</u> Building Principal: Mr. Horst- Merle.Horst@k12.sd.us PE: Mr. Duncanson- Jeff.Duncanson@k12.sd.us Music: Ms. Fode- Rachael.Fode@k12.sd.us Art: Ms. Rieff- Erin.Rieff@k12.sd.us Adaptive PE: Ms. Boehrns- Dacia.Boehrns@k12.sd.us Counselor: Ms. Kolb- Vickie.Kolb@k12.sd.us</p> <p><u>Robert Bennis Elementary</u> Building Principal: Ms. Hofkamp- Kristin.Hofkamp@k12.sd.us PE: Mr. Scholten- Kory.Scholten@k12.sd.us Music: Mr. Fode- Jeff.Fode@k12.sd.us Art: Ms. McNamara- Heidi.McNamara@k12.sd.us Adaptive PE: Ms. Boehrns- Dacia.Boehrns@k12.sd.us Counselor: Ms. Osheim- Tammy.Osheim@k12.sd.us</p> <p><u>Fred Assam Elementary</u> Building Principal: Ms. Foster- Susan.Foster@k12.sd.us PE: Ms. Brummels- Julie.Brummels@k12.sd.us Music: Ms. Verberg- April.Verburg@k12.sd.us Art: Ms. Heeren- Jordan.Heeren@k12.sd.us Adaptive PE: Ms. Boehrns- Dacia.Boehrns@k12.sd.us Counselor: Ms. Nelson- Angie.Nelson@k12.sd.us</p>

Valley Springs Elementary

Building Principal: Ms. Palmer- Tanya.Palmer@k12.sd.us

PE: Ms. Fitzgerald- Bailey.Fitzgerald@k12.sd.us

Music: Ms. Ackerman- Jodi.Ackerman@k12.sd.us

Art: Ms. Kasten- Amy.Kasten@k12.sd.us

Adaptive PE: Ms. Boehrns- Dacia.Boehrns@k12.sd.us

Counselor: Ms. Palmer- Tanya.Palmer@k12.sd.us

Notes:

Instructional materials are posted below (if applicable)

Brandon Valley School District

EC-2 Listening Bingo

Instructions:

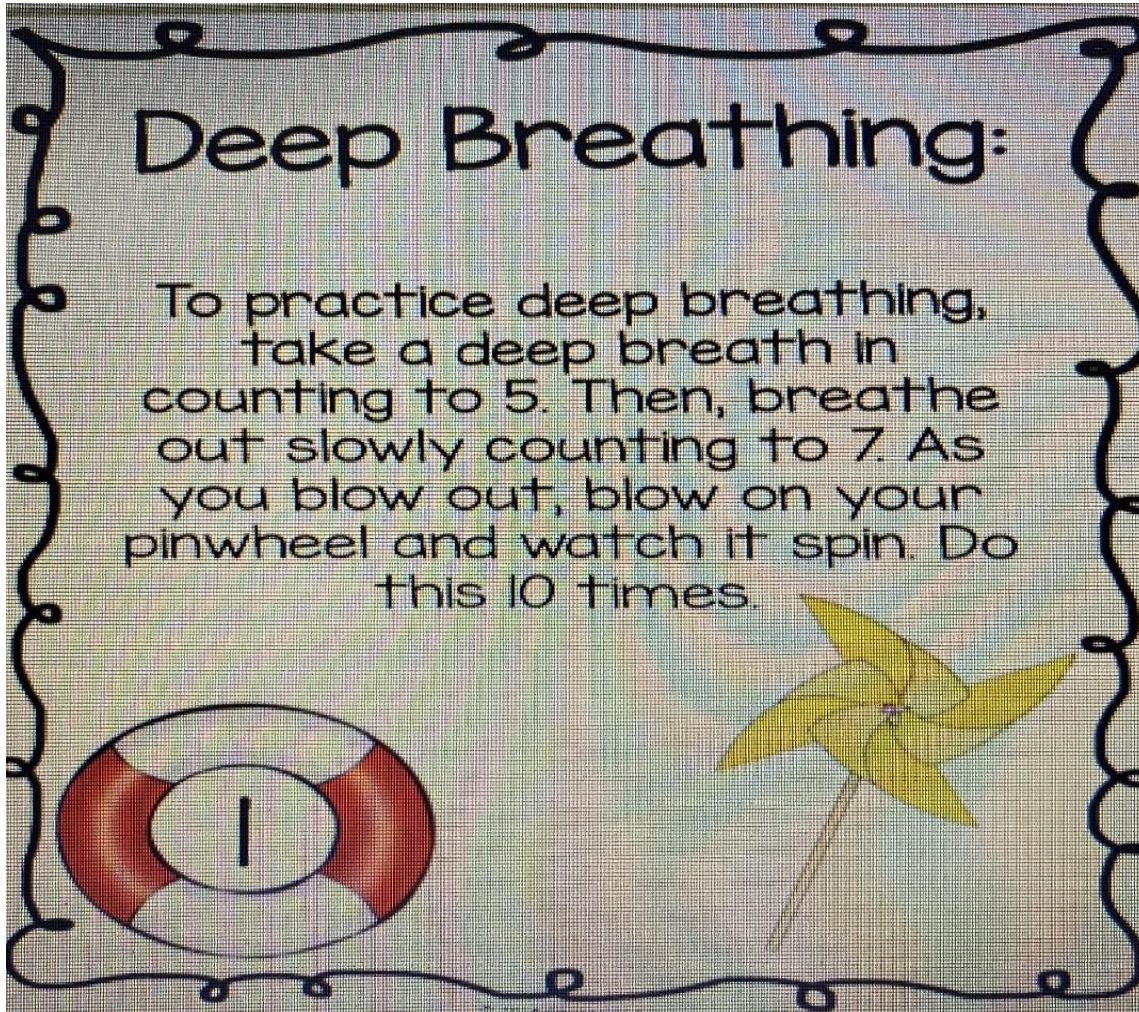
1. **Think** about the sounds all around you. **Listen.** How many different sounds do you hear right now? How do different sounds make you feel? (Example: a doorbell may make you jump. Keys rattling may make you feel excited. A fan may make you feel relaxed.)
2. **Go on a listening hunt!** Use this bingo card, and your EARS to find these sounds. When you find one, mark it with an X. When you get 5 in a row, you get a BINGO! Time yourself to find out how long it took you.
3. **Optional:** Take a picture of yourself with your completed BINGO card & email it to your music teacher.
4. **BONUS CHALLENGE:** Go for a blackout. (every single space). If you can't find a sound, think of something else to take its place & draw a picture of it next to the unfound item.



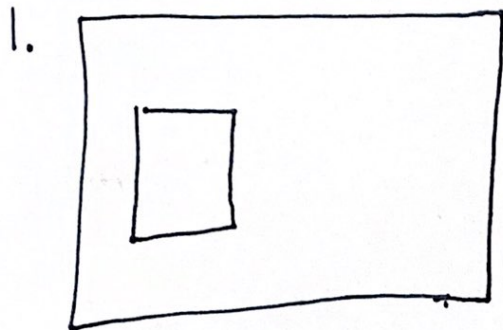
Counselor – EC-2nd Grade

Week 5: April 13 – April 17

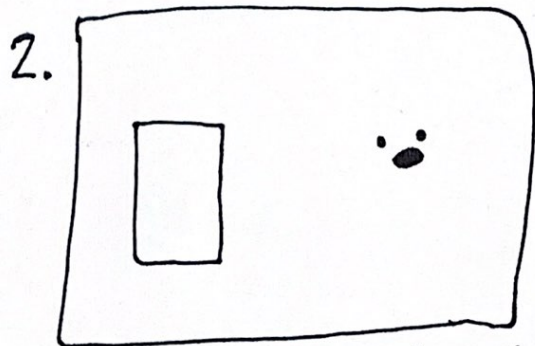
Instructions: Use your coping skill of deep breathing when you are feeling worried, sad, or angry. Follow the steps below. Use your imagination and pretend to have a pinwheel!



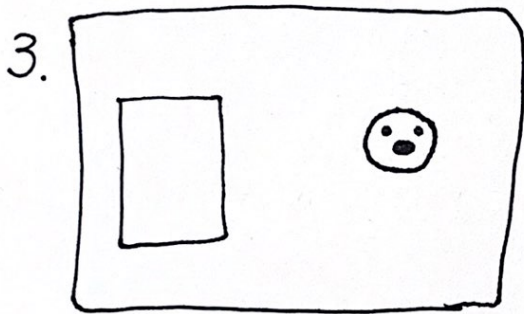
Not a Box: drawing guide



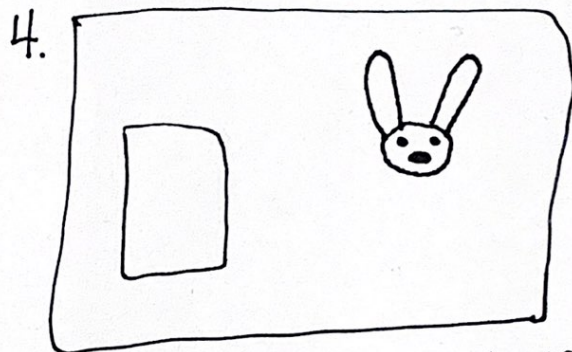
- draw a box on your paper.



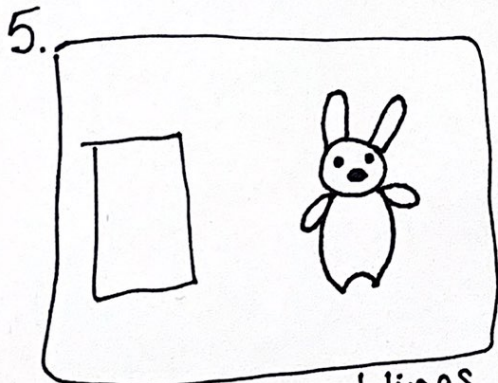
- draw a small oval (O) for a nose. Color it in.
- add 2 small dots for eyes.



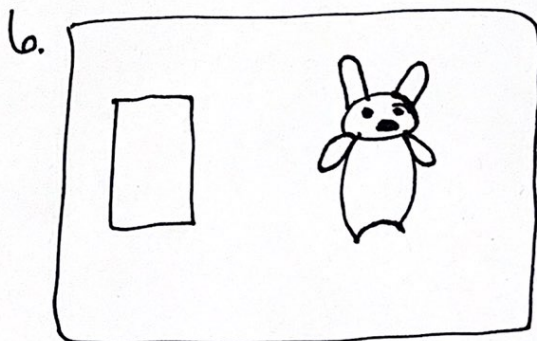
- draw a circle around the oval and the 2 dots.



- draw 2 big arched lines on top of the circle.



- draw 2 curved lines for the body, close it with a curved line.
- add 2 arms.



- use your imagination and turn the box into something **AMAZING!**

PE EC - 2nd

Monday (4/13):- NO SCHOOL

Friday (4/17):

***You Will Need:** A clock to time yourself with a second hand or a timer on your electrical device.

***Have FUN and do your BEST!**

- **Fitness Friday**
 - **Warm-Up (2-3min) - Jump Rope Skills**
 - 100 Forward and 100 Backward
 - If no rope, no problem!
 - What can you lie on the floor to jump over forward and backward 100x?
 - Sock, cord, a strip of masking tape, etc.
 - **Activity (8-10 min):**
 - **Exercise Challenges:**
 - **Touch all four walls in a room by:**
 - Hopping (1 foot)
 - Switch Legs
 - Galloping
 - Skipping
 - Shuffling
 - Walk Backwards
 - Wall Sit - 1 minute
 - Push ups (1 minute) - rest 2 minutes and try one more time
 - Add those two numbers together. How many push ups did you do all together?
 - Jumping Jacks - same as above
 - How many did you perform all together?
 - **Cool Down (2-3 min):**
 - Go for a walk with guardians outside
 - Remember to drink your water!!! You rock!!! Way to go BV students!